

Cream of Herb Soup

This is a simple and delicious South Tyrolean dish with fresh herbs.

Ingredients

- ½ cup fresh herbs (chives, dill, basil, oregano, parsley, thyme)
- 2 Tablespoons butter
- 3 Tablespoons flour
- 25.4 oz. meat or vegetable stock
- Salt
- Pepper
- Pinch of nutmeg
- ¼ cup cream
- 1 Tablespoon South Tyrolean hard cheese or Parmesan

Directions

- 1. Finely chop the herbs.
- 2. Heat the butter and add the herbs.
- 3. Dust with flour and pour in the stock. Leave to simmer for 9 minutes.
- 4. Stir in the cream and season with salt, pepper, and nutmeg.
- 5. Leave to cook for a little longer.
- 6. Puree in the blender.
- 7. Serve with chopped herbs and grated hard cheese or parmesan.